

Dayanand Education Society's
Dayanand College of Arts, Latur.

Department of Philosophy under the Humanities Faculty

Certificate / Value added Course

Affiliated to

Swami Ramanand Teerth Marathvada University, Nanded.

Subject : Philosophy

Syllabus

Certificate / Value added Course

Effective from Academic Year 2025-2026

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From the Desk of Chairman, Board of Studies of the Certificate and value added Course in Department of Philosophy.

❖ **Preamble:**

Philosophy, the love of wisdom, is a discipline that seeks to understand the fundamental nature of knowledge, reality, and existence. It is a field of study that has intrigued and challenged human beings for centuries, offering profound insights into the nature of truth, ethics, and the meaning of life. The certificate courses in Philosophy syllabus aims to provide students with a comprehensive understanding of the major branches of philosophy. Through a range of courses and readings, students will engage with timeless philosophical questions and theories, while developing critical thinking and analytical skills.

❖ **Objectives**

To introduce the students about;

1. Basic level understanding of the subject, definition, scope, methods and tools used and the branches of philosophy.
2. Historical perspectives of the origin, development and importance of philosophy.
3. The fundamental classification and structure of philosophy.
4. The concept of Yoga in Indian philosophy and religion.
5. The philosophical concepts of Buddhist Psychology.

❖ **Outcomes :**

Upon successfully completing the courseS the students;

1. Develop basic learning about the subject, branches and the analytical tools used in philosophy.
2. Gain introductory concepts about the origin, development, structure and the philosophical concept of Yoga which originated from Indian Religion.
3. Develop basic knowledge about the philosophical concepts contained in the BUDDHIST philosophy.

Dr. S.V.Salunke

Chairman,

Board of Studies of the Certificate and value added Course in Department of
Philosophy, Dayanand College of Arts, Latur.

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**Members of the Board of Studies of the Certificate and value added Course in Department of Philosophy,
Dayanand College of Arts, Latur.**

Sr. No	Name of the Member	Designation	College Address , University	Contact No, E- mail
01	Dr. Dr. Sunil Salunke	Chairman	Dayanand College of Arts, Latur. SRTMU, Nanded.	9960772572 salunkesv@gmail.com
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05	Miss.Anusha Pitale (Student Member)	Member	Dayanand College of Arts, Latur. SRTMU, Nanded.	7385035180

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General Guide lines for course structure:

- 1) Undergraduate and postgraduate students are eligible for admission to this course.
- 2) There is no charges for this course it is free for everyone.
- 3) Students from our college and other colleges can take admission for this course.
- 4) Admitted students will get a certificate after passing the examination with requisite marks
- 5) Courses should be taught by experienced faculty with expertise in the subject area.
- 6) Regular assessment to ensure students meet course objectives.
- 7) Duration: Typically 5 weeks to 6 weeks.
- 8) Open to students from various disciplines, including humanities, social sciences, and others.
- 9) Focused on theoretical and practical aspects of the subject.
- 10) Practical and application-oriented, focusing on skill development.
- 11) Students can acquire specialized skills and knowledge.
- 12) Students can explore subjects beyond their primary discipline.
- 13) Courses can foster personal growth and development.

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Teaching Scheme & Duration

Course Title	Course Code	Teaching Scheme Hrs./ Weekly (1Hrs. = 60 M.)			Total Duration (1 weekly = 6 Hrs.)
		Theory	Practical	Total	
Application of yoga	DACLPH301	--	--	06	30
Foundation of Buddhist Psychology	DACLPH302	--	--	06	30

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Examination Scheme

(25 Marks Internal and 25 Marks MCQ)

Course Name	Course Code	Internal			MCQ	Total
		Seminar	Group Discussion	Home Work		
Application of yoga	DACLPH301	10	10	05	25	50
Foundation of Buddhist Psychology	DACLPH302	10	10	05	25	50

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Course Title : Application of yoga

Course Code : DACLPH301

Syllabus

Course Objectives :

- 1.To eradicate misconceptions and misunderstandings about Yoga.
- 2.To acquaint students with the tenets of Patanjali-Yoga and to provide the theoretical structure for the practice of Yoga
- 3.To sensitize the learners about the advantages of taking up Yoga and to bring out how yoga enables to lead Quality-Life of Purity and Integrity and develop ethico-spiritual perspective among learners

Course Outcomes :

After the completion of the course, learner will:

- 1.Relate philosophy of Yoga to the practice of yoga and eliminate misconceptions that yoga is only for physical fitness.
- 2.Assess different forms of transformation of Chitta, and importance of meditation technique for holistic development.
3. Explain the impact of Ashtanga Marg on various physiological function of the body and use it for spiritual self-development.

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Course Title : Application of yoga

Course Code : DACLPH301

Module No	Unit No	Topic	Hrs. Required to cover the contents 1Hrs.= 60M.
01		Introduction to Yoga	15
	1.1	Misconceptions of Yoga.	
	1.2	Upanishadic concept of Yoga	
	1.3	Nature of Patanjali Yoga	
02		Application of yoga	15
	2.1	Yoga for stress management	
	2.2	Yoga for students (concentration enhancement)	
	2.3	Yoga for day to day life	
Total			30

Course Title : Application of yoga

Course Code : DACLPH301

Reference Books.

1. Yardi, M.R- The yoga of Patanjali
2. Joshi, Bipin – Yoga and personality development
3. Maharishi Vethathiri Yogiraj- Yoga for Modern Age
4. Radhakrishnan – Indian Philosophy
5. Dixit S.H – Bharatiy Tattvadnyan
6. Nigam Shobha – Bharatiy Darshan.

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Course Title : Foundation of Buddhist Psychology

Course Code : DACLPH302

Syllabus

Course Objectives :

1. To familiarise students with Buddhist psychology, which is part of the Indian Knowledge System and focus on the nature of mind, consciousness and mental states from Buddhist perspective.
2. To explore the psychological applications of Buddhist teachings, particularly in the areas of Buddhist psychotherapy, stress management, and the cultivation of happiness.
3. To investigate the practice and benefits of Vipassana meditation (insight meditation) and mindfulness in daily life.

Course Outcomes :

After the completion of the course, learner will:

1. Develop a comprehensive understanding of Buddhist psychological concepts, including the nature of consciousness, mental factors, and how they influence perceptions and emotions.
2. Learn to apply Buddhist psychological principles to real-world psychological issues, including emotional regulation, stress management, and improving mental well-being through techniques such as mindfulness and meditation.
3. Reflect on the integration of Buddhist psychology with modern therapeutic approaches, especially in mental health, psychotherapy, and mindfulness based interventions.

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Course Title : Foundation of Buddhist Psychology

Course Code : DACLPH302

Module No	Unit No	Topic	Hrs. Required to cover the contents 1Hrs.= 60M.
01		Introduction to Buddhist Psychology	15
	1.1	Overview of Buddhist Psychology, Key Concepts and Principles	
	1.2	The Nature of Mind in Buddhist Philosophy	
	1.3	Definition and Concept of Citta.	
02		Psychological Applications	15
	2.1	Definition and Classification of Cetasika (Mental Factors)	
	2.2	Buddhist psychology and modern psychology : comparative studies	
	2.3	Vipassana Meditation and Mindfulness	
Total			30

Course Title : Foundation of Buddhist Psychology

Course Code : DACLPH302

Reference Books.

1. Hiriyann,M- An outline of Indian Philosophy
2. Radhakrishnan.S – Indian Philosophy
3. Gethin Rupert – The foundations of Buddhism
4. Davidson ,Ronald –Buddhist Philosophy :A historical analysis
5. Dixit S.H – Bharatiy Tattvadnyan
6. Nigam Shobha – Bharatiy Darshan

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MCQ Question Paper Pattern - with effect from 2025-2026

Time : 30 M

Marks : 25

1. All Question equal Marks.
2. Total Question 25.
3. All Question will be Compulsory.

Q. 1 ----- 01 Marks A.----- B.----- C.----- D.-----	Q. 13 ----- 01 Marks A.----- B.----- C.----- D.-----
Q. 2 ----- 01 Marks A.----- B.----- C.----- D.-----	Q. 14 ----- 01 Marks A.----- B.----- C.----- D.-----
Q. 3 ----- 01 Marks A.----- B.----- C.----- D.-----	Q. 15 ----- 01 Marks A.----- B.----- C.----- D.-----
Q. 4 ----- 01 Marks A.----- B.----- C.----- D.-----	Q. 16 ----- 01 Marks A.----- B.----- C.----- D.-----
Q. 5 ----- 01 Marks A.----- B.----- C.----- D.-----	Q. 17 ----- 01 Marks A.----- B.----- C.----- D.-----
Q. 6 ----- 01 Marks A.----- B.----- C.----- D.-----	Q. 18 ----- 01 Marks A.----- B.----- C.----- D.-----
Q. 7 ----- 01 Marks A.----- B.----- C.----- D.-----	Q. 19 ----- 01 Marks A.----- B.----- C.----- D.-----
Q. 8 ----- 01 Marks A.----- B.----- C.----- D.-----	Q. 20 ----- 01 Marks A.----- B.----- C.----- D.-----
Q. 9 ----- 01 Marks A.----- B.----- C.----- D.-----	Q. 21 ----- 01 Marks A.----- B.----- C.----- D.-----
Q. 10 ----- 01 Marks A.----- B.----- C.----- D.-----	Q. 22 ----- 01 Marks A.----- B.----- C.----- D.-----
Q. 11 ----- 01 Marks A.----- B.----- C.----- D.-----	Q. 23 ----- 01 Marks A.----- B.----- C.----- D.-----
Q. 12 ----- 01 Marks A.----- B.----- C.----- D.-----	Q. 24 ----- 01 Marks A.----- B.----- C.----- D.-----
	Q. 25 ----- 01 Marks A.----- B.----- C.----- D.-----

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Answer Sheet

Q. 1.		Q. 11.		Q. 21.	
Q. 2.		Q. 12.		Q. 22.	
Q. 3.		Q. 13.		Q. 23.	
Q. 4.		Q. 14.		Q. 24.	
Q. 5.		Q. 15.		Q. 25.	
Q. 6.		Q. 16.			
Q. 7.		Q. 17.			
Q. 8.		Q. 18.			
Q. 9.		Q. 19.			
Q. 10.		Q. 20.			